

# May 2016

## Hoven School District

### LUNCH



**School Information:** 1% White  
and Skim Chocolate served daily



**Fitness Tip:** MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.

**Monday**

Hot Dog on a Bun  
Potato Wedges  
Peas  
Fruit

2

**Tuesday**

Chicken Wraps  
Savory Rice  
Lettuce/Tomatoes  
Oatmeal Cookies  
Fruit

3

**Wednesday**

Taco Salad  
Tortilla Chips/Salsa  
Refried Beans  
Cinnamon Puffs  
Fruit

4

**Thursday**

Spaghetti w/Meat Sa  
Breadstick  
Garden Salad  
Green Beans  
Fruit

5

**Friday**

French Toast  
Egg Patty  
Sausage Patty  
Lettuce Salad  
Applesauce

6

4<sup>th</sup> Grade Menu  
Pork Rib on a Bun  
Mac & Cheese  
Cheesy Broccoli  
Polar Berries  
Ice Cream Cups

9

Cowboy Cavatini  
WW Roll & Jelly  
Carrots  
Garden Salad  
Orange Slices

10

Chicken Pattie  
Mashed Potatoes/Gravy  
Peas  
Fruit

11

Beef & Bean Burrito  
Tortilla Chips/Salsa  
Lettuce/Tomatoes  
Seasoned Corn  
Fruit

12

Pizza  
Tossed Salad  
Cherry Tomatoes  
Fruit

13

5<sup>th</sup> Grade Menu  
Mini Meatball Sub  
Corn  
Pineapple

16

Ham & Cheese Sand  
Chips  
Carrot Sticks  
Grapes  
Rice Krispie Bars

17

18

19

20

23

24

25

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27

30

31

